

# Back To Basics: How To Learn And Enjoy Traditional American Skills



## Synopsis

This Reader's Digest "BACK TO BASICS" handy book is a how-to, user-friendly guide that teaches self-sufficiency covering all of life's essentials: shelter; alternative energy sources; growing and preserving food; home crafts; directions for making herbal remedies; and even home-grown entertainment. [goodreads]

## Book Information

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## Customer Reviews

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a lot of info. about our early history of how to be self sufficient

Awesome "everything" about the basics book. Great reference book.

I like reading this book even if I will never use / do half the things in it. I feel like I have a piece of history and my family loves it too.

A treasure of a book! A must have for generations!

Awesome!!! I used to have this book and I just had to get it in my hands again!!!

a treasure trove of info.

A staple for the home craftsman/farmer in all of us. Basic. From recipes such as honey mead and breads, gathering maple syrup to patterns for chicken coops and moccasins, Natural dyes & Weaving, Forging, Wilderness survival... The love of basic life skills should be taught in all schools. I had this book many moons ago, and lost it in a move. I will not let this one slip away!

First edition packed with great relevant information. Easy to read and easy to understand. Everyone should have a copy in their library.

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